

SJC Spring 2024 Tryout/Season Start Information

Below are the spring sports, the first day of tryout information and the head varsity coach's name and email address.

Please connect directly with the coach for sport-specific questions.

Sport	Head Coach & Email	First Day of Tryouts/Season	Tryout Time	Location
Baseball	Mark Gibbs mgibbs@stjohnschs.org	Monday, February 19 th	2p-6p	Gibbs Field SJC
Crew	Tim Cullen sjccrewcoach@gmail.com	Monday, February 26 th	3p-5:30p	Erg Room SJC
Golf	Patrick Hanna sjcgolfcoach@gmail.com	Wednesday, February 21 st	3p-6p	Golf Shed (Upper Field SJC)
Lacrosse (Boys')	Wes Speaks wspeaks@stjohnschs.org	Monday, February 19 th	11a-1p	Quinn Field SJC
Lacrosse (Girls')	Mindy Urick murick@stjohnschs.org	Monday, February 19 th	9a-11a	Quinn Field SJC
Rugby (Boys')	Tom Lyons coachtlyons@gmail.com	No tryout; season has commenced	N/A	N/A
Softball	Diane Romo-Thomas dianeromo-thomas@hotmail.com	Monday, February 19 th	3p-5p	Upper Field SJC
Tennis (Boys')	Shaun Nguyen sjchstennis@gmail.com	Tuesday, February 20 th	3:30-6p	Tennis Courts @ UDC
Track & Field	Desmond Dunham sjchstrack@gmail.com	Monday, February 19 th	10a-12:30p	Upper Field SJC