

## SJC Cadets Fall 2025 Tryout Information

Below are the fall sports, the first day of tryout information, and the program head's name & email address.

**\*Please connect directly with the program head for sport-specific questions.\***

<b>Fall Sport</b>	<b>Program Head &amp; Email</b>	<b>First Day of Tryouts</b>	<b>Time</b>	<b>Location</b>
<b>Crew</b>	<b>Ryan Gillis</b> <i>sjccrewcoach@gmail.com</i>	Monday, August 25th (Varsity) Tuesday, September 2 <sup>nd</sup> (Novice)	3:00pm	SJC Erg Room
<b>Cross Country</b>	<b>Desmond Dunham</b> <i>sjchstrack@gmail.com</i>	Tuesday, August 12 <sup>th</sup>	5:30pm	SJC Upper Field
<b>Equestrian</b>	<b>Lauren Hoke &amp; Tara Cameron</b> <i>sjchsequestrian@gmail.com</i>	Wednesday, September 3 <sup>rd</sup>	3:30pm	Morningside Stables @ Columbia HC
<b>Field Hockey</b>	<b>Corey Kelly</b> <i>coreysamp@gmail.com</i>	Monday, August 18th	9:00am	SJC Quinn Field
<b>Football</b>	<b>Pat Ward</b> <i>pward@stjohnschs.org</i>	Thursday, July 31 <sup>st</sup> for Equipment Handout	10:00am	SJC Lower Roth Gym Entrance
<b>Soccer (Boys)</b>	<b>Sal Caccavale</b> <i>sal@salsoccer.com</i>	Monday, August 18th (FR, JV & V)	4:00p	SJC Quinn Field
<b>Soccer (Girls)</b>	<b>Allison Diaz</b> <i>sjcgirlssoccer@gmail.com</i>	Monday, August 11 <sup>th</sup> (V) Thursday, August 14 <sup>th</sup> (JV & FR)	8:00am 8:00am	SJC Quinn Field
<b>Tennis (Girls)</b>	<b>Gary Potz</b> <i>sjchstennis@gmail.com</i>	Monday, August 18 <sup>th</sup>	TBD	UDC or CUA Tennis Courts
<b>Volleyball (Girls)</b>	<b>Bill Pribac</b> <i>bpribac@stjohnschs.org</i>	Tuesday, August 12 <sup>th</sup> (V) Friday, August 15 <sup>th</sup> (JV & FR)	9:00am 9:00am	SJC Gallagher Gymnasium